

MSU Tunnel Workshop, August 3rd 2016 Patrice Gros, Foundation Farm

Crop Management and Planning u



Farm Philosophy: Organic, no-Till

- <u>Optimal microbial life</u>: natural soil texture and structure plus micro-biological
 "glue" form "aggregates" which creates an ideal ecosystem. <u>Tilling destroys soil's
 natural texture, structure and micro-biome</u>!
- Optimal water and air content: soil in its un-tilled, natural state optimizes water and air availability to plants and micro-organisms. <u>Tilling cuts moisture and air</u> capacity in half leading to heavier irrigation and repeated tilling.
- <u>Optimal nutrient availability</u>: undisturbed soil structure and biology optimizes nutrient accumulation/release, hence can reduce, and even <u>eliminate the need for any fertilizer.</u>
- Plants are capable of producing "exudates" which attract specific micro-organisms (bacteria) which in turn can feed the plants throughout the extensive rhizosphere (root area). Rhizosphere can be vastly extended by fungal networks.

Tilling leads to more fertilizing; organic or conventional.

- Fertility and Soil Management
 - Same as for outdoor
- Straw mulch applied generously throughout the year (600 bales each year!!)
- Rabbit manure with a typical yearly application rate of 25#/100 square fe
- Plant residues...NO EXTRANEOUS COMPOSTING!
- Grass clippings from the paths.

Bed Lay Out

• Feather meal prior to a nitrogen-hungry crop like spinach or arugula (2#/100sq, feet)



<section-header><section-header><section-header><section-header><section-header><section-header><section-header>

gement for 1 miners

- Beds in the direction of the tunnel as in the pictures below. The 17 feet across the low tunnels are divided this way: I foot trench, 3 foot bed, 2.5 foot path, 4 foot bed, 2.5 foot path, 3 foot bed, 1 foot trench.
- Ratio bed surface over total surface is 1,000/1,700 = 60%
- 1 foot wide trenches along both sides of my low tunnels, mulched year round for extra
 drainage and cold protection



Temperature

Crop Managemen

 Total
 Mg
 K
 Na

 30.45
 89.48
 10.12
 0.53
 0.15

- ٢
- High and low tunnels are effective use of technology to regulate extreme temperatures. In Northern Arkansas, we are able to grow food through the entire winter.
- In addition to the tunnel itself, each growing bed gets its own row cover (medium grade) which is laid atop metal wire arches.
- The compound effect of tunnels and covers provides protection down to zero degree.



Mulch

Beds are cleared of mulch and of summer plants (mostly tomatoes). Mulch is pushed out to the sides or stacked in front of the tunnels. The bed is then raked clean and made ready with irrigation lines to receive the seedlings.

Mulch is used on some crops (bokchoi, onion) to reduce weed pressure.



- Pest & Disease Management
- Usual suspects in winter are white flies and aphids, possibly spider mite. Treat with insecticidal soap and/or oil (Safer Soap)
- Crop rotations can help but they are limited by the amount of total space available under tunnel.
- No-till soil is generally capable of keeping soil imbalances and nutrient depletions at bav



Weed Management

- My strategy: mix of hoeing and mulching depending on the crop and the development stage of the crop.
- Here is a picture showing fescue and chickweed in a bed of lettuce about to be harvested. Once all lettuces harvested, the weeds will be raked out before a second



Irrigation

- Drip tape (2 per bed), Sub-freezing temperatures can break valves and pipes, so the irrigation lines are drained regularly in winter.
- Watering is rare in December and January, maybe every other week; more if it is unusually sunny and
- Often moisture will be made available in the soil though extensive periods, following heavy rains or snows.



Temperature

- Mulch: soil is cooled by mulch
 Shading cloth: if needed 50%shading fabric can be









Pest & Disease Management

- Usual suspects on summer tomatoes are tomato and horn worms; both treated with BT (Dipel) with one or 2 weekly sprays.
- Occasional blister beetles are sprayed with Piganic (Morgan Seed Co), a pyrethrum extract spray.
- Main issue with tomato (blight) is almost entirely controlled by the tunnels shielding plants from rain.















Planning Factors

Temperature

- Tunnels provide a <u>1-month calendar shift</u> so December becomes November, and January becomes February. In effect, December and January "do not happen".
- Tunnels eliminate the risk of crop total freeze and death.

Crop Hardiness

- Learn various crops' abilities to face fierce cold weather. Your climate zone will greatly affect this. Foundation Farm is in Zone 6A.
- Certain crop sub-types or varieties will outperform their siblings in harsh weather.
- Position crops within the tunnels according to their relative hardiness (hardiest in outside beds, as in kale in side picture)



- Supporting cast: arugula, cilantro, turnip, scallions, chard
 Extras: collard, mustard
- Market outlets can affect the list.
- Growing Ability

Marketability

- My winter list of "problem-crops": spinach, carrots, and cauliflower. Reasons include poor germination, questionable hardiness, sensitivity to insects, diseases and weeds, and more.
- My winter list of dream (easy, marketable) crops lettuce, cilantro, arugula, bok-choi and kale.
- Keep in mind that some varieties will stand out in term of hardiness or overall adaption to our area.



Winter Crop Planning

					Winter Crop	Planning	1
	direct seeded vs. transplant	market potential	multiple harvest	cold hardiness	notable varieties		
bokchoi	ds/t	**	yes/no	**	black summer, tatsoi		
cabbage	t	**	no	**	copenhagen		
arugula	ds	***	yes	***			
baby greens	ds	***	yes	**	red salad bowl, mizuna, tatsoi, red russian kale		
lettuce	t	**	no	**	magenta, panisse		
mustard	t	*	yes	**	green giant		
kale	t	***	yes	**	siberian, reflex		
chard	t	**	yes	**			
collard	t	*	yes	***			
spinach	ds	***	yes	***	tyee, space		
parsley	t	**	yes	**			
cilantro	ds/t	***	no	**	santo		
mache	ds	**	no	***			
japanese turnip	ds	**	no	**			
purple top turnip	ds	*	no	***			
carrot	ds	***	no	***			
radish/daikon	ds	**	no	**	cherry belle		
leek	ds/t	**	no	**			
amon onion	143	-	50	44	0000000000		

Soil Readiness/Fertility So far (8 years), winter has not generated any particular fertility requirement from overall farm strategy (organic matter, feather meal) Plant Density A direct result of fertility, and light access Experimenting now with denser plantings Up to 5 lines of lettuce on a 4 foot bed Plant Positioning

- Position in the tunnel Position in the bed



Overall Profitability

- All above factors bottom line with profit/square foot/month
- Lettuce bed on the right reached a record \$1,000 in November of 2015.

Plant Rotations

- Faced with a restricted cultivated area (under tunnel), and limited choices of plants, winter rotations are next to impossible to plan for. It is fortunate that the overall health of our soil allows for the by-passing of rotation, a golden rule of organic farming.





The 2 Wave Planning System

- Progressive replacement of summer plants (tomatoes, peppers) Critical time to gain maximum growth before cooling off
- December-January: slowest growth, production is from mature plants.







			Wi	nter Crop l	Planning Planning
dates	sow trays	transplant	direct seed	harvest	
08-01 to	lettuce, bok-choi,		carrot, beet, turnip,	summer crops	
08-30	leek, scallion, beet		bok-choi, arugula		
9-01 10	box-choi, lettuce,	leffuce	drugula, baby	summer crops	
1-15	collard, parsley,		radish, bok-choi		
	cilantro, leek, scallion				
9-15 to		lettuce, bok-choi,		summer crops,	
9-30		leek, scallion, beet		Turnip, bok-choi,	
10-01 to	hok-choi letture	lettuce bok-choi	amoula helv	Summer crons	
10-15	spinach		gneens, corrot,	lettuce, bok-choi,	
			turnip, radish	arugula, scallion,	
				beet, baby greens	
10-15 10		chard, Kale,	spinoch	lettuce, box-choi,	
10-30		parsley, cilantro,		carnot, baby greens	
		leek, scallion			
11-01 to	spinach	lettuce, bok-choi	arugula, baby mix,	lettuce, bok-choi,	
11-15			radish mache	carnot, baby areens	
11-15 to	1	spinach	spinach	spinach, lettuce,	
01-30			1	bok-choi, biq	
				greens, parsley,	
				baby areens, leek.	
				scallion, carrot,	
_				turnip, rodish	
01-01 to		spinoch	aruqula, baby	spinach, big greens,	
			turnip, bok-choi,	anuquia, baby	
			mache	greens	
02-15 to				spinach, arugula,	
04-15				baby greens, radish, turnin, bak-chai	
-				and the second second	
	Work inside tunnel	1st wave so	wing/planting	2 ^{re} wave sowing	

Planning Factors

Temperature

- Tunnels provide a shift of at least one climate zone allowing hot crops like peppers and eggplants to thrive.
- Tunnels extend season on hot crops by up to one month <u>on each side</u> of the season because of freeze protection.

Crop Hardiness

- Tomatoes are extremely sensitive to rain-induced blight in our humid summers. Tunnels are the perfect solution. Blight free yields can be <u>tripled</u>.
- Other issue is overheating (nights over 80) which can stop blooms. Shade cloth can be added atop the tunnels.



Marketability

Growing Ability

- Only issue is early start for plants which might be struggling in the cool, un-tilled soil.
- A late mid-May to early June transplanting is recommended and compatible with the end of all the winter crops.



Soil Readiness/Fertility

- Plant Density
- Tomatoes, peppers and eggplants are set 2.5 feet apart in the row (3 to 4 foot wide) Plant Positioning/Caging vs Trellising
- Determinate tomato types (romas, most hybrids, few heirlooms) are set on the outside b and caged in "half cages" (4 foot tall).
- Indeterminate tomatoes (most heirlooms) are set in the middle beds and trellised.





